

S E R M O N O U T L I N E

**I AM
FREE!**

B R I G H T O N C O M M U N I T Y C H U R C H

I AM FREE

3. FROM CONCERNS

PASTOR KOH WEE KIAT
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²⁴ ‘No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and Money.

²⁵ ‘Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

²⁷ Can any one of you by worrying add a single hour to your life?
²⁸ ‘And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin.

²⁹ Yet I tell you that not even Solomon in all his splendour was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith?

³¹ So do not worry, saying, “What shall we eat?” or “What shall we drink?” or “What shall we wear?” ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well.

³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

MATTHEW 6

#1.

RECOGNISE THE FUTILITY OF WORRYING

²⁷ Can any one of you by worrying add a single hour to your life?

MATTHEW 6

¹³ Now listen, you who say, 'Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.' ¹⁴ Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes.

JAMES 4

#2.

TRUST IN THE FAITHFULNESS OF GOD

²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life?

²⁸ 'And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. ²⁹ Yet I tell you that not even Solomon in all his splendour was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith?

MATTHEW 6

³² He who did not spare his own Son, but gave him up for us all – how will he not also, along with him, graciously give us all things?

ROMANS 8

#3.

CHANGE THE FOCUS OF YOUR LIFE

²⁴ 'No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and Money.

²⁵ 'Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

MATTHEW 6

³¹ So do not worry, saying, "What shall we eat?" or "What shall we drink?" or "What shall we wear?" ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well.

MATTHEW 6

⁶⁰ Jesus said to him, 'Let the dead bury their own dead, but you go and proclaim the kingdom of God.'

LUKE 9

DISCUSSION QUESTIONS

- 1. What is something you have worried about that you eventually realised was outside your control? What did that experience teach you about the limits of worry?**
- 2. Jesus compares God's care for us to how he provides for birds and flowers. What makes it hard to believe that God is attentive to your needs and circumstances?**
- 3. Jesus says we cannot serve both God and money. In practical terms, what would it look like for you to "seek first his kingdom" in one area of your life where you tend to worry most (finances, career, family e.g.)?**