

S E R M O N O U T L I N E

THE LITTLE OUBLIÉS

BC
Brighton
Community
Church



B R I G H T O N C O M M U N I T Y C H U R C H

THE TIME OF OUR LIVES

1. UNDERSTANDING OUR TIMES

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- ¹ LORD, you have been our dwelling-place
throughout all generations.
- ² Before the mountains were born
or you brought forth the whole world,
from everlasting to everlasting you are God.

PSALM 90

#1. THE GIFT OF OUR TIME

- ³ You turn people back to dust,
saying, 'Return to dust, you mortals.'
- ⁴ A thousand years in your sight
are like a day that has just gone by,
or like a watch in the night.

PSALM 90

- ⁵ Yet you sweep people away in the sleep of death –
they are like the new grass of the morning:
- ⁶ In the morning it springs up new,
but by evening it is dry and withered.

PSALM 90

#2. THE GOAL OF OUR TIME

- ⁷ We are consumed by your anger
and terrified by your indignation.
- ⁸ You have set our iniquities before you,
our secret sins in the light of your presence.

PSALM 90

⁹ All our days pass away under your wrath;
we finish our years with a moan.
¹⁰ Our days may come to seventy years,
or eighty, if our strength endures;
yet the best of them are but trouble and sorrow,
for they quickly pass, and we fly away.

PSALM 90

¹¹ If only we knew the power of your anger!
Your wrath is as great as the fear that is your due.
¹² Teach us to number our days,
that we may gain a heart of wisdom.

PSALM 90

#3. THE GLADNESS OF OUR TIME

¹³ Relent, LORD! How long will it be?
Have compassion on your servants.
¹⁴ Satisfy us in the morning with your unfailing love,
that we may sing for joy and be glad all our days.

PSALM 90

¹⁵ Make us glad for as many days as you have afflicted us,
for as many years as we have seen trouble.

PSALM 90

¹⁶ May your deeds be shown to your servants,
your splendour to their children.
¹⁷ May the favour of the LORD our God rest on us;
establish the work of our hands for us –
yes, establish the work of our hands.

PSALM 90

DISCUSSION QUESTIONS

- 1. Time is a gift from God. What best describes how you have been treating that gift lately: gratitude, anxiety, control, or waste?**
- 2. As Christians, we should have a radically different approach towards the use of our time. What would you do differently with your time to gain a heart of wisdom?**
- 3. Review and evaluate with each other your spiritual progress in 2025 using the Brighton Journey. What additional small steps would you want to take along the Journey this year?**