

S E R M O N O U T L I N E



*a better way*  
*july sermon series*

B R I G H T O N C O M M U N I T Y C H U R C H

### **3. THE NEED FOR HEALTH**

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<sup>1</sup> Now a man named Lazarus was ill. He was from Bethany, the village of Mary and her sister Martha. <sup>2</sup> (This Mary, whose brother Lazarus now lay ill, was the same one who poured perfume on the Lord and wiped his feet with her hair.) <sup>3</sup> So the sisters sent word to Jesus, ‘Lord, the one you love is ill.’

<sup>4</sup> When he heard this, Jesus said, ‘This illness will not end in death. No, it is for God’s glory so that God’s Son may be glorified through it.’ <sup>5</sup> Now Jesus loved Martha and her sister and Lazarus. <sup>6</sup> So when he heard that Lazarus was ill, he stayed where he was two more days, <sup>7</sup> and then he said to his disciples, ‘Let us go back to Judea.’

<sup>8</sup> ‘But Rabbi,’ they said, ‘a short while ago the Jews there tried to stone you, and yet you are going back?’

<sup>9</sup> Jesus answered, ‘Are there not twelve hours of daylight? Anyone who walks in the day-time will not stumble, for they see by this world’s light. <sup>10</sup> It is when a person walks at night that they stumble, for they have no light.’

<sup>11</sup> After he had said this, he went on to tell them, ‘Our friend Lazarus has fallen asleep; but I am going there to wake him up.’

<sup>12</sup> His disciples replied, ‘Lord, if he sleeps, he will get better.’ <sup>13</sup> Jesus had been speaking of his death, but his disciples thought he meant natural sleep.

<sup>14</sup> So then he told them plainly, ‘Lazarus is dead, <sup>15</sup> and for your sake I am glad I was not there, so that you may believe. But let us go to him.’

**JOHN 11**

## **#1. WE SHOULD REGARD OUR BODY AS A PRECIOUS GIFT**

<sup>3</sup> So the sisters sent word to Jesus, ‘Lord, the one you love is ill.’

JOHN 11

<sup>19</sup> Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup> you were bought at a price. Therefore honour God with your bodies.

1 CORINTHIANS 6

## **#2. WE SHOULD ACCEPT THAT OUR BODY WILL WEAKEN**

<sup>4</sup> When he heard this, Jesus said, ‘This illness will not end in death.’

JOHN 18

<sup>25</sup> Jesus said to her, ‘I am the resurrection and the life. The one who believes in me will live, even though they die; <sup>26</sup> and whoever lives by believing in me will never die. Do you believe this?’

JOHN 11

<sup>16</sup> Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. <sup>17</sup> For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. <sup>18</sup> So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

2 CORINTHIANS 4

### **#3.**

## **WE WILL BE JUDGED FOR WHAT WE DO IN THE BODY**

<sup>4</sup> When he heard this, Jesus said, ‘This illness will not end in death. No, it is for God’s glory so that God’s Son may be glorified through it.

JOHN 11

<sup>9</sup> So we make it our goal to please him, whether we are at home in the body or away from it. <sup>10</sup> For we must all appear before the judgment seat of Christ, so that each of us may receive what is due to us for the things done while in the body, whether good or bad.

2 CORINTHIANS 5

# DISCUSSION QUESTIONS

- 1. Are you one of those who do not intentionally take care of your body and physical health? What changes should you make so that you can be responsible for God's gift to you?**
- 2. Are you very concerned about preserving your physical health and appearance? How does the message speak to you?**
- 3. When you stand before the judgment seat of Christ, what would be 3 things you want to say you have done with your God-given time on earth?**